

# Where Frankfurt Breathes Easy



## Do you know the city

### where the lemon trees bloom?

Well, you're in the midst of it on the MAIN TOWER, because Frankfurt is in fact one of the cities with the mildest climate in Germany. → You can feel this in particular in the "Nizza" (1), garden on the "Untermainkai" waterfront, which was named after the French city of Nice and where figs and Ginkgos grow, among other things. In the summer of 1952, the temperature measured here was 2 degrees higher than on the Côte D'Azur. → If the weather should unexpectedly cool down, you can find tropical conditions all year round at the "Palmengarten" (2), or Palm Garden, where the variety of flora is well worth an expedition. → Local plants can be found throughout the city. After all, more than a quarter of Frankfurt's area is used for agriculture. The fields of Oberrad (3), for example, are used for growing the seven herbs and greens that are used for Frankfurt's specialty, Green Sauce. And the grapes picked from the city vineyard "am Lohrberg" (4) yield around 4,000 bottles a year. → Parks are likewise not in short supply: there are 48 of them! The largest is the "Grüneburgpark" (5), and the most romantic the "Holzhausenpark" (6) with its classical-style water castle. The city is surrounded by

green as it is. 1991 saw the establishment of the specially protected "Green Band", whose parks and natural spaces enclose the city like a ring. You can best experience it on a 70 km bicycle tour that naturally also takes you through the "Stadtwald" (7), or City Forest – at around 4,500 hectares, the largest in Germany. → South of the City Forest, you can see the contours of the Odenwald forest (8). → At the city's northern boundary, you can see the start of the Wetterau hills (9), whose orchards are home to the apples that make Frankfurt's favorite drink – which you can sample in the cider pubs (10) of Bornheim and Sachsenhausen, for example. → Up the Main to the east, if visibility is good you can see the "Spessart" region (11). And to the west rises the "Taunus" range (12) with its largest peak, the "Großer Feldberg" (870 m). Although the Rhine-Main area with its over 4 million inhabitants is one of the most dynamic economic regions in Europe, you can discover plenty of green oases. → And if all that seems too strenuous for you at the moment, you can fill up with pure oxygen at the "Oxy-flow" (13) – Frankfurt's first oxygen bar is right next door, at the foot of the Commerzbank skyscraper.